

**Did you know...**

*our Vision is a World without Alzheimer's disease*

*the New Mexico Chapter has four regional offices: Farmington, Las Cruces, Las Vegas and Roswell*

*over 38,000 New Mexicans are affected by Alzheimer's disease or a related Dementia*

*= 1 in 10 New Mexicans are affected by the disease*

*New Mexico Chapter has six programs:*

1. 24 hour HELPLINE (800) 272-3900
2. Care Consultations
3. Education
4. Over 52 Support Groups statewide
5. Two Respite programs
6. Safe Return/Project Lifesaver

**For more information about the Alzheimer's Association—  
New Mexico Chapter  
Call (800) 272-3900  
Or visit our website at:  
[www.Alz.org/NewMexico](http://www.Alz.org/NewMexico)**



*Learn how to communicate with and understand people diagnosed with Alzheimer's disease or a related dementia.*

**Sponsored by:**



**For More Information Contact:**

**Sandy Skaar  
Sandra.Skaar@alz.org  
Alzheimer's Association  
New Mexico Chapter**

**Call  
(505) 266.4473  
Fax  
(505) 266.0108**

**Website  
[www.Alz.org/NewMexico](http://www.Alz.org/NewMexico)**

**New Mexico Chapter**

**Alzheimer's disease &  
Dementia Awareness  
Workshop is**



**Coming to Your Area**



*9500 Montgomery Blvd. Suite 209  
Albuquerque, NM 87111*

**Tel: (505) 266-4473 Fax: (505) 266-0108  
Visit our website at:  
[www.Alz.org/NewMexico](http://www.Alz.org/NewMexico)**

**Yes! I want to attend the [FREE] Alzheimer's Awareness Workshop**

Check location:  6/12 Socorro  6/15 Farmington  6/17 Roswell  6/24 Deming  6/29 Las Vegas

Please check one:  Individual  Caregiver/Volunteer  Business/Agency

Name: \_\_\_\_\_ Phone number \_\_\_\_\_

Mailing address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact phone number: \_\_\_\_\_ Email: \_\_\_\_\_ Fax: \_\_\_\_\_

**Business/Agency Information Form must be completed and received by June 5th to be included in the regional resource directory.**

Mail all registrations to:  
Alzheimer's Association—New Mexico Chapter  
9500 Montgomery Blvd NE, Suite 209  
Albuquerque, Nm 87111

Fax: Registration and Business/Agency Information Form to: (505) 266-0108

### Afternoon presentations include:

- Aging Long Term Services Department will demonstrate how to use the New Mexico Social Service Online Directory for Social Services
- Creating meaningful Volunteer opportunities in our communities
- Network Together—To address current programs and services for people with the disease and caregivers. Identify gaps of services and how to collectively work together to enhance services

**Workshop participants will receive a notebook of all presentations and a regional resource guide which will include businesses/agencies who complete the Information Form**

**Workshop times: 8:30 a.m. to 4:30 p.m.  
Lunch provided**

### Workshop locations:

- Socorro**, Best Western, Friday, June 12th
- Farmington**, Marriot Courtyard Monday, June 15th
- Roswell**, Best Western Sally Port Inn, June 17th
- Deming**, Mimbres Valley Special Events Center, Wednesday, June 24th
- Las Vegas**, Holiday Inn Express, Monday, June 29th

**For More Information or To RSVP FOR INDIVIDUALS :**  
Call the Alzheimer's Association—New Mexico Chapter at **(505) 266-4473**  
**BUSINESSES/AGENCIES :** Call the Alzheimer's Association—New Mexico Chapter at **(505) 266-4473** or Fax the registration form **and your Business/Agency information form to (505) 266-0108**

Contact person: **Sandra Skaar**  
Email: **Sandra.Skaar@alz.org**

## Learn about Alzheimer's disease and related Dementia

This valuable one day workshop will increase your awareness and knowledge of Alzheimer's disease and related Dementia.

### Morning presentations include:

- Discover who the Alzheimer's Association of New Mexico is and what programs they offer people with the disease and their caregivers.



*Working together to create awareness*

- What is Alzheimer's disease and related dementia and what are some risk factors?
- Know the 10 Warning Signs
- Understand the difference between reversible and irreversible dementia
- Learn effective ways to understand behavior and how to communicate with a person who has Alzheimer's or a related Dementia
- Realize the importance of Advance Legal and Health planning
- Become aware of the role of caregivers and identify your area support and services
- Become familiar with how you can promote your Brain Health
- Effective Advocacy for you and your loved ones presented by ALTSD